



ALONG THE WESTERN COAST

Asturias with its natural environment is one of the most spectacular areas in Spain. The scenery is greenish with plenty of mountains. The whole coastal area offers a wide range of possibilities for active tourism. The occidental coast landscape provides a succession of delightful cliffs and beaches. Among them you can become aware of beautiful fishing villages such as Cudillero, Luarca and Puerto de Vega. Westwards, the picturesque seaports of Ortigueira and Viavellez.

Depending on the way you want to spend your holidays, here are some pointers about beaches.

NATURAL RESERVES / WILD BEACHES.



Between Luarca and Puerto de Vega stands the natural reserve of Barayo, and a little further Frejulfe beach. For those more reckless take special care and do not forget that those are dangerous ones as well as the one in Otur because they are sited on the open Cantabrian seacoast.

SAND AND DUNES



Gather your swimming gear and just spend the day out at the beach. You have a lot of them to choose. If you opt for a sandy and slightly bouldery one, you can select among Cueva, Cadavedo and San Pedro de la ribera beaches. Furthermore if you travel with your children you can feel relaxed they have recreatives areas and life guard too.



Besides, kids can have fun in dunes on the Otur or Barayo beaches.

Therefore a whirlwind of impressions are waiting for you!!!!!!

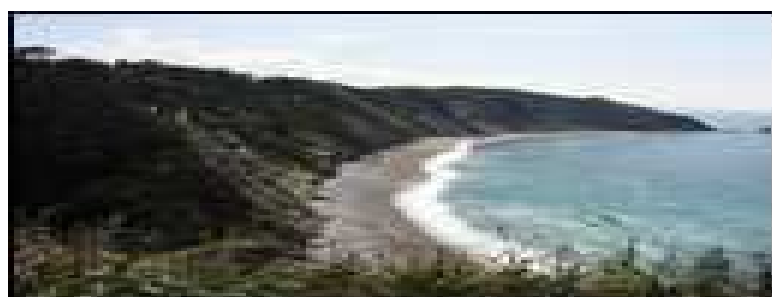
CLIFF AND STONE : A MARVEL

If you are looking for beautiful and quiet beaches and you want to see the most magical half hoop-shaped cliffs and you don't care about boulder so then, I will recommend you a marvel: " The silencio beach " You will be filled with wonder and astonishment. Easy to reach from the old road N-632 at the rear of the Castañeras village.



LONG MILES TO WALK

However, if you prefer a long stroll or hike during the time that the weather is not cosy enough, the longest beach at the cowherd lands is the sandy and pebbly beach of Vallina, with a stretch of 1,600 metres near the Oviñana village on the old road.



With 700 metres long, la Concha de Artedo or Otur will also please you with the beauties of the western coast. As well as Barayo, Cueva or Cadavedo a little shorter 600 m.

If the weather is not as good as you wish. It chucks it down or a downpour of rain appears at the end. Do not worry ! Dispose off the moroseness and sullenness since we still grant you other forms of excitement and entertainment. So, what about those tips ?

CULTURAL TOURISM



Prehistoric traces, roman castra (Coaña), monasteries (Cornellana from the 11th century. Cisterciense or the one in Corias known as “the Asturian Escorial”), palaces as Selgas one (in Cudillero with Goya, Greco, Tiziano....painting), fishing villages with their harbours and lighthouses



CRAFTSMEN



The most traditional jobs still

persist in Asturias, the last remnant of a past time that does vanish. You can do some interesting shopping.



LEISURE ACTIVITIES

Surfing, canyon descents, canoe routes, horse riding, mountain biking, hiking and trekking....